# **Group Vitacress Portugal**



### **HEALTH AND SAFETY AT WORK POLICY**

The direction of Vitacress Portugal (VPBU) has the responsibility to lead the Business Unit as part of its policy to ensure the safety, health and welfare of all persons covered by the company's activity.

To ensure these guidelines and following the scope of the system requirements of safety and health at work VPBU Direction is committed to:

## 1 - Compliance with Legal Requirements

Provide working conditions that comply with national and European Community regulations and requirements applicable to its activities and with other requirements to adhere voluntarily.

#### 2 - Continuous Improvement for the Management of Health and Safety at Work

Promoting training, information and matching skills to tasks performed. Given the continual improvement of the effectiveness of health and safety at work system, the company promotes the professional development in compliance with the fulfillment of the objectives and targets set.

#### 3 - Monitor Cyclically Results

Cyclically monitor the results to improve the management of health and safety at work, ensuring the maintenance and periodic inspection of work equipment, and ensuring the review and / or modification of procedures, where necessary, adapt them to reality.

#### 4- Prevention of Accidents and Occupational Diseases

Provide equipment and procedures to enable employees perform duties in health and safety, preventing the occurrence of accidents at work and occupational diseases, ensuring a good performance in terms of health and safety at work.

#### 5 - Promoting Communication for Safety Culture and Health at Work

Promote internal communication for the development and sustainability of the culture of health and safety at work in VPBU.

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## 6 - Involvement of All for Improved Health and Safety at Work

Involve all VPBU employees, suppliers and service providers, in compliance with the commitment to continual improvement of health and safety at work.

Employees with specific responsibilities in relation to health and safety policy of the company are listed in Appendix A of this policy.

Luís Mesquita Dias Managing Director